

List of Important Health Days

S.N.	Health Day Name	Date
1	National girl child day	24th Jan
2	World Leprosy eradication day	Last Sunday of January
3	World Cancer Day	04-Feb
4	International day for Zero tolerance to Female Genital Mutilation	06-Feb
5	National Deworming day	10-Feb
6	Sexual Reproductive Health Awareness Day	12-Feb
7	World Childhood Cancer Day	15-Feb
8	World Glucoma Week	12-18 March
9	World Colorectal Cancer Awareness Month	01 - 30 March
10	World Kidney Day/ International womens Day	08-Mar
11	No Smoking day	2nd Wednesday of March
12	World Down Syndrome Day	21-Mar
13	Measles immunization Day	16-Mar
14	World Tuberculosis (TB) Day	24-Mar
15	World Oral Health Unified Week	25 - 31 March
16	Prevention of blindness week	1-7th April
17	World Autism day	02-Apr
18	World Health Day	07-Apr
19	World Haemophilia day	17-Apr
20	World Liver day	19-Apr
21	World Malaria day	25-Apr
22	World Immunization Week	24 - 30 April
23	World Asthma Day	02-May
24	National Asthma day	05-May
25	World Thalassemia Day	08-May
26	National Dengue day	16-May
27	World Hypertension Day	17-May
28	International womens health day	28-May
29	World Multiple Sclerosis Day	30-May
30	World No Tobacco Day	31-May
31	World Environment day	05-Jun
32	World brain tumour day	08-Jun
33	World Blood Donor Day	14-Jun
34	World elder Abuse day	15-Jun
35	World Sickle Cell Day	19-Jun
36	International day of Yoga	21-Jun
37	World Population day	11-Jul
38	World Hepatitis Day	28-Jul
39	ORS day	29-Jul
40	World Breast Feeding Week	01 - 07 August
41	National eye donation fortnight	25th aug - 8th sept

42	National nutrition week	1-7th sept
43	World First Aid Day	08-Sep
44	World Alzheimer's Day	21-Sep
45	World Rabies day	28th sept
46	World Heart Day	29-Sep
47	World Breast Cancer Awareness Month	01 - 31 October
48	World Older Persons Day/ National voluntary blood donor	01-Oct
49	National anti drug addiction day	2nd oct
50	World Mental Health Day	10-Oct
51	World Obesity Day/ international day for girl child	11-Oct
52	World Sight Day	11-Oct
53	World Arthritis Day	12th oct
54	World Hand Washing Day	15-Oct
55	World food day	16-Oct
56	World trauma day	17-Oct
57	World Infection Prevention Week	16 - 22 October
58	World Osteoporosis Day	20-Oct
59	World Obesity Day/ international day for girl child	26-Oct
60	World Lung Cancer Awareness Month	01 - 30 November
61	World Antibiotic Awareness Week	13 - 19 November
62	World Diabetes Day	14-Nov
63	World COPD Day	15-Nov
64	World Prematurity Day/ world epilepsy day	17-Nov
65	World AIDS Day	01-Dec
66	National pollution control day	02-Dec
67	World Persons with Disabilities Day	03-Dec
68	Universal health coverage day	12-Dec