Pledge for prevention and control of Dengue

Let us take a pledge to be aware about dengue and for taking small but effective measures to save ourselves, our families and our neighbors.

1. I will not allow water to stagnate in and around my houses in containers.
2. If I have to store water then I will cover it properly with tight lids.
3. I will Check, clean, dry, scrub and refill the desert coolers.
4. I will Check bird bath tubs, pots, vases, trays under refrigerators etc.
5. I will not store solid waste on the roof to avoid mosquito breeding in rain water stagnation.
6. I will Use full sleeved cloths.
7. I will Use repellents, mosquito nets, wire meshes on doors and windows.
8. I will Cooperate health workers during their visit to my home.
9. I will motivate others.
10. If I feel that I am infected with dengue I will not take any unnecessary medication and I will take medical consultation for treatment.

Vector Borne Disease Control Programme
National Health Mission
Department of Medical Health and Family Welfare, Uttarakhand